











WHO WOULD YOU EMPLOY?

In EU, low physical activity accounted for almost
152,000 deaths in 2017.

In EU, low physical activity accounted for more than

**2.1 million Disability-Adjusted
Life Years in 2017.**

**One in four adults
is physically inactive,**

putting them at risk of serious diseases like cancer and diabetes.



YOU'RE THE BOSS OF YUR LIFE